



THE CITY OF SAN DIEGO  
MAYOR JERRY SANDERS

## San Diego Public Library

**FOR IMMEDIATE RELEASE**  
Wednesday, March 12, 2008

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### **Award-Winning Documentary Focuses on Caring for Your Parents**

**SAN DIEGO** – The San Diego Public Library and KPBS will screen an abbreviated version of *Caring for Your Parents* by award-winning filmmaker Michael Kirk. The film will be shown at 6:30 p.m. on Wednesday, March 26, 2008 in the 3<sup>rd</sup> floor auditorium of the Central Library, located at 820 E Street in downtown San Diego. This event is free to the public.

*Caring for Your Parents* is an eye-opening film that draws much-needed attention to the realities of caring for elderly parents. As the population ages, many American adults are grappling with an unprecedented social, cultural, economic, and personal revolution as they transition into the primary caregiver role for their aging parents. Through the deeply personal stories of five families facing these issues head-on, the film highlights the struggles to keep parents at home, tensions between siblings, complex financial decisions, and the drama of life and death. In the end, the documentary contends successful caregiving requires one primary ingredient—love.

A panel discussion, moderated by KPBS reporter Joanne Faryon, will be held immediately following the film screening. Panelists include Veronika Glenn, Director, Education & Training Southern Caregiver Resource Center and Martin Dare-Family Caregiver Support Program, Aging & Independence Services County of San Diego.

**-more-**

The full Program will air on KPBS, April 2, at 9:00 p.m. Visit [www.pbs.org/wgbh/caringforyourparents](http://www.pbs.org/wgbh/caringforyourparents) for more information.

*Caring for Your Parents* is a Kirk Documentary Group, Ltd. Production for WGBH Boston. Major funding for *Caring for Your Parents* is provided by Harrah's Foundation. Additional funding provided by the Corporation for Public Broadcasting and public television viewers. Special thanks to AARP Publications for their generous assistance with this program.

Outreach partners include: AARP Publications, National Association of Social Workers, National Alliance for Caregiving, and the National Association of Area Agencies on Aging.

Learn about other events at the San Diego Public Library's Central Library and 35 branches, find links to numerous additional resources, or search for materials in the Library's catalog online at [www.sandiegolibrary.org](http://www.sandiegolibrary.org)

*The City of San Diego Public Library – Your Link to the Past and Gateway to the Future*

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